



# Laticia Mudege

What a great way of ending and starting a new year out in the wood roughing it out, connecting with nature and discovering myself and my abilities.

I always knew I have been created for greater things but roughing it out didn't cross my mind. I am very grateful to Sis Pinkey and Marine Dynamics for such an opportunity, a once off in a lifetime experience.

I thought I was dreaming when I learn that I was one of the chosen ones to represent Dyer Island Conservation Trust, Marine Dynamics, Gansbaai Academia not to mention my town Gansbaai.

This experience taught me a lot about myself. I discovered my abilities and disabilities, my strength and weakness. I enjoyed the physical and mental

challenges. I learnt teamwork and to understand that we are different, but we can get along to succeed in a task. I learnt that working hard doesn't kill but you get the best result.

It was interesting to have camera men around us. The best part was seeing how much work is through to construct a film.

Though I missed my family dearly but surrounded by most loving and caring people around me, they felt like my second family.

Living in the wild taught me also about nature and survival. It also made me realise my purpose on earth that, my purpose is to look after the environment and protect the life on it. South Africa has beautiful landscape and places to visit.

Roughing it Out taught me the importance of paying attention, listening to instructions, being competitive and thinking on my feet. It also exposed me to new careers which I never knew existed e.g. producers, presenters, child minder and camera operator.

Ooh and the warmth we got from our child minders was amazing. We were never homesick. The challenges pushed me out of my comfort zone but groomed me to be more vigilant, boosted my confidence and self-esteem.

The painful part was saying goodbye to my colleagues and everyone though I know I will meet them again on my home TV lounge.

LETS ROUGH IT OUT!!!